



June 29, 2018



MCO CONTINUES TO PUSH FOR AWARENESS AND **ACTION ON CORRECTIONS POST-TRAUMATIC STRESS**

House Resolution 0353 formally recognized June 27th as Post Traumatic Stress Injury Awareness Day in Michigan. And for the first time, this day also recognized the struggles of corrections officers alongside the brave men and women of the United States military.

State Representative and MCO Legislator of the Year Tom Barrett sponsored the resolution. Barrett was one of the first legislators to begin seriously looking at figures on post-traumatic stress and has used his position as a member of the House Military and Veterans Affairs Committee to push this topic into the spotlight.

Over the last three years, MCO has led a crusade within the State of Michigan to educate the public and legislature about

the pervasiveness of post-traumatic stress within the Department of Corrections. This work, which started in 2015, has included national research on the topic, a comprehensive study of the effect of PTSD on officers in Michigan, and multiple discussions with experts on possible resources and solutions. We have made inroads with MDOC administrators, legislators, and the media in raising awareness of this topic. For example, the legislature recently pledged \$50,000 for a corrections PTSD study.

MCO is also playing a role in shaping the MDOC's approach to PTSD and Officer Wellness with representation on the Director's EPIC team on Employee Wellness. MCO will update members on the team's work.

MCO's 800 discontinued

Please note that the MCO central office no longer has an 800 telephone or fax number.

Our office phone number is (517)485-3310. In case of an emergency after hours, members can call that number to be directed to our answering service.

Our fax number is (517)485-3319.

In the meantime, we encourage all officers to look out for one another. If you or someone you know is currently struggling and has had thoughts of suicide, we want you to know that you are not in this alone. Please contact the National Suicide Prevention Lifeline At 1-800-273-8255.

Read the full version of this story on our website.

Time is running out! Sign up for a Crisis Fund Golf Outing now

Sign up for one of the MCO Crisis Fund Golf Outings this summer. There are only a few spots left for each outing. If you can't make it, consider sponsoring an event.

The crisis fund supports members facing a catastrophe, whether it's an on-the-job injury, house fire, sudden illness, or other disaster. To those who support the fund, we thank you!



UP Crisis Fund Golf Outing WHEN: Friday, July 20. Registration starts at 9:15 a.m. Shotgun start at 10 a.m. WHERE: Pictured Rocks Golf Course, E10240 County Road H-58, Munising, MI

COST: \$70 for 18 holes with lunch. TO SIGN UP, SPONSOR, OR GET MORE INFO: Sign up and sponsor forms are available on the MCO website. If you have questions, please email outing organizer Tim Fleury.

Downstate Crisis Fund Golf Outing

WHEN: Friday, Aug. 17. Registration starts at 8:15 a.m. Shotgun start at 9 a.m. WHERE: Ledge Meadows Golf

Course, 1801 Grand Ledge Highway, Grand Ledge, MI

COST: \$65 for 18 holes with lunch.

TO SIGN UP, SPONSOR OR GET MORE INFO: Sign up and sponsor forms are available on the MCO website. If you have questions, please call MCO

at (517)485-3310.

Don't miss the fun! Mark your calendar for these summer events

COPS Day at the Ionia Free Fair is Wednesday, July 18.

Corrections officers and other law enforcement officers are welcome to come out and get free snacks, MCO gear, and discounted ride wristbands. The fun starts at 1 p.m. at the hospitality center in the Administration Building. The fairgrounds are located at 317 South Dexter Street in Ionia.

MDOC Employee Recreation Day will be Aug. 10 at Royal Scot in Lansing.

Activities include golf, basketball, canvas painting, bowling, bingo, card games, and more. Many activities are free, but some will cost a fee.

The event starts at 8 a.m. and wraps up with a dinner served at 5 p.m. The dinner costs \$10 if you sign up before July 1. More details and sign-up info is in the MDOC Corrections Connection.

The MCO Children's Day Picnic will be Saturday, Aug. 11 at Lower Huron Metropark in Belleville.

The picnic is a long-standing tradition that brings together corrections employees for a day of family fun! All COs and staff at prisons in the Detroit area are invited.

Watch for more details closer to the date.